



Downe House

LIV PSHE Michaelmas 2016

1	You and your feelings: Self esteem
2	Puberty revisited: Body image and periods (DVD)
3	Resilience
4	Relationships: Friends and friendships
5	Relationships: Friends and friendships
6	Learning about learning: Revision and exam techniques (VHS B9)
7	Managing Risk: Cyber Safety - Aisha's story (DVD F9)
8	Managing Risk: Cyber Safety - Becky's story (DVD F9)
9	Managing Risk: knowing when to say no (DVD B14)
10	Preparing for the next step - France (groups D and E)
11	Looking after yourself: alcohol (DVD F8)
12	Evaluation

LIV PSHE Lent L4 B&C 2017

1	Introduction to PSHE: group agreement & expectation
2	You and your feelings: Self esteem
3	Puberty revisited: Body image and periods (DVD)
4	Resilience
5	Relationships: Friends and friendships
6	Relationships: Friends and friendships
7	Managing Risk: Cyber Safety - Aisha's story (DVD F9)
8	Managing Risk: Cyber Safety - Becky's story (DVD F9)
9	Managing Risk: knowing when to say no (DVD B14)
A	Learning about learning: revision and exam techniques
	Evaluation

LIV PSHE Lent L4 F&G 2017

1	Study skills: revision of Elevate sessions
2	The Real Game - Introduction & bench marking
3	The Real Game - The Dream
4	The Real Game - The Dream continued
5	The Real Game - What's my line,
6	The Real Game - Reality check
7	The Real Game - Chance cards & Thumbs up! Thumbs down!
8	Preparing for the next step - France
9	Evaluation

LIV PSHE Summer 2017

1	The Real Game - Introduction & bench marking
2	The Real Game - The Dream
3	The Real Game - The Dream continued
4	The Real Game - What's my line,
5	The Real Game - Reality check

6	The Real Game - Chance cards
7	The Real Game - Thumbs up! Thumbs down!
8	Preparing for the next step - Mixed Age Houses
	Evaluation