



Downe House

LV PSHE Michaelmas 2016

A	World issues: Peace one Day & Charities
1	Learning to learn: Goal setting
2	Keyskills of Wellbeing: Imaginative Practice
3	Study Skills: Revision Strategies
4	Mental Health: Coping with Stress
5	Mental Health: Relaxation
6	Looking after self: Cyber Safety
7	Mental Health: Coping with Grief and Loss - KS4 resource
8	Mental Health: Five stages of Grieving
9	Mental Health: Notes to self (DVD *)
10	Mental Health: Without you (DVD A1)
11	Addiction issues: drinking and drugs (DVD D20)
12	Our relationship with Life: Living Deliberately
	Evaluation

LV PSHE Lent 2017

	Exams
1	Respect in Relationships - What is a healthy relationship
2	First Time Sex - pressures
3	Consent
4	Sexting and Pornography
5	Condoms & Contraception
6	STI's
7	SRE: Abuse and where to get help
8	SRE: Post box questions and the law
	Evaluation

LV PSHE Summer 2017

1	Higher Education: Growth mindset
2	Higher Education: Employability Skills
3	Higher Education: Job values & Skills
4	Higher Education: Stereotypes & Discrimination - the glass ceiling
5	Economic wellbeing: Savings and Interest
6	Economic wellbeing: Borrowings and Interest
7	Economic wellbeing: Inflation and Consumerism
8	Economic wellbeing: the value of money & credit cards
A	Economic wellbeing: Debt and the Economy
	Evaluation